



Technology & Mental Health

**February 4,
2019**

YOUNG PSYCHOLOGIST COMPETITION & UNDERGRADUATE RESEARCH CONFERENCE

Department of Psychology
CHRIST (Deemed to be University)

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CHRIST (Deemed to be University) is born out of the educational vision of St. Kuriakose Chavara (1805-1871), a visionary who founded the Carmelites of Mary Immaculate (CMI) congregation in 1831 in South India.

CHRIST (Deemed to be University) made a humble beginning on 15 July 1969 as an affiliated college, with the Vision of 'Excellence and Service' with 4 programmes, 379 students, 20 teaching and 8 non-teaching staff.

It was a long cherished dream realized through the untiring efforts of Bishop Jonas Thaliath CMI that made the founding of this institution possible. It became a preferred educational institution in the city of Bangalore within the first three decades. From 1990 onwards it reached newer milestones with introduction of Post-graduate programmes, innovative and modern curricula, insistence on academic discipline, and imparting of Holistic Education. It has the rare distinction of being the first institution in Karnataka to be accredited by National Assessment and Accreditation Council (NAAC) UGC for quality education in 1998. In 2004, UGC conferred Autonomy on the institution. In 2005, it became the first College in South India to be re-accredited with A+ by NAAC. UGC identified it as an Institution with Potential for Excellence in 2006. In 2008 Ministry of Human Resource Development, Government of India declared it a Deemed to be University, in the name and style of Christ University under Section 3 of the UGC Act, 1956. It was accredited by NAAC with the highest Grade 'A' in 2016. Today, the University offers 48 undergraduate, 47 post-graduate, 16 MPhil and 17 PhD programmes in humanities, social sciences, science, commerce, management, engineering, education, law, and architecture to over 21000 students from all the states of India and about 60 different countries.

Undergraduate Research Conference

Undergraduate Psychology Research Conference is an initiative to engage undergraduate students in research and create an environment that will nurture research skills in conceptualization, writing, presentation, communication and dissemination. This programme would create a platform for UG students to discuss and learn about various opportunities/ ideas both at a global and national level which would motivate and prepare them for a career in psychology. The conference also aims to:

- ~ Provide the students a supportive environment with feedback from peers and experts on their research which would boost their confidence to carry out rigorous research.
- ~ Provide an opportunity for students to network and collaborate with each other, and with faculty and experts.

11th Young Psychologist Competition

Since 2008, the Department of Psychology has been organizing the annual Young Psychologist Competition - a national level paper presentation competition. This academic activity seeks to provide a forum for undergraduate students to present research and concept based papers. The aim of this competition is to inculcate a research culture in budding psychologists and promote critical and analytical thinking in them. Students from across the country participate in the event is one of its kind.

Technology and Mental Health

Technology is all around us, and has an important impact on our family life, education, the workplace, and every waking moment of our lives. These advances have caused an immense flux in the discipline of psychology over the past two decades. Technology has opened up our understanding of the brain, and impacted our view of mental health and also changed the mental health service delivery systems. Internet based psychological interventions and assessments, smart-phone apps, the use of wearable devices, and virtual reality are giving the public, professionals, and researchers new ways to increase understanding and provide or access mental health services. The interface of technology and psychology has become a crucial player in the areas of interdisciplinary and multi-disciplinary interests including artificial intelligence and internet of things.

Sub Themes

- Interventions and mental health service delivery including online-counselling, awareness, internet based interventions,
- Assessments-app based assessments, computer assisted tests.
- Brain computer interface- Brain and Cognition
- Robotics, Internet of things, Artificial Intelligence
- Education- Teaching-learning, e-learning, MOOC, 24/7 classrooms, apps and games
- Internet abuse and cyber-crime, privacy
- Technology in workplace-automation of jobs and changing work culture, mental health entrepreneurship
- Technology in creating assistive devices and inclusive spaces
- Human development-children and adolescents play, games and gadgets, virtual/ helicopter parenting, schooling, Gerontechnology
- Technology related mental health concerns, addiction, tec-neck syndrome, nomophobia
- Social movements on-line, youth and policy implications

Technology and Mental Health

Attractive Prizes

1st prize : 10,000 INR

2nd prize : 7,000 INR

3rd prize : 5,000 INR

Important Dates

Abstract: 25/11/2018

Selection: 10/12/2018

Registration: 20/12/2018

Full paper: 10/1/2019

For further details

Visit

youngpsychologist.in/ypc2019

Email

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Advisory committee

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